



STUDENT ACTIVITIES GUIDE



FAITH



MASSES AND PRAYER SERVICES

Conscious of the infinite value of the Eucharist as the central act of worship for the Catholic community, Mass is celebrated regularly. Athletic teams and clubs often meet together for chapel Masses. Mass is also celebrated as part of each of the four year-level retreat experiences. Finally, all-school Masses, celebrating holy days and special Marist occasions, are scheduled, on average, once a month and held in the gym during the school day.

Liturgy Coordinator: *Julie Ferrari*, jferrari@marisths.org

RETREATS

Retreats are designed to help the students both individually and collectively “retreat” from their “normal” everyday world in order that they might better reflect upon that world. Retreats help students focus on identity and self-image, relationships with others, and relationship with God. While the goal is ultimately spiritual in nature, there is a great sensitivity to students who are unaccustomed to spiritual activity. These goals are accomplished through a variety of talks given by retreat team students and adults, small group sharing, and a variety of activities and games. An additional goal is building community within each class.

The retreats include an all-night Lock-In for the freshmen, a unique community-building experience; a one-day retreat early in the year, and a one-night journey themed retreat for sophomores; a two-night Encounter retreat for juniors; and a two-night Metanoia retreat for seniors.

Retreat Program Director: *Rick Martin*, rmartin@marisths.org

MARIST RETREAT TEAM

The Marist Retreat Team consists of approximately 40 upperclassmen. Their role is to provide spiritual retreats for sophomores and juniors in collaboration with the Campus Ministry department. Team members give talks, conduct small and large group activities, and assist with kitchen duties under the direction of an adult moderator. Team members should have:

- A desire to grow in faith and help others grow in theirs
- A desire to be a servant-leader
- A willingness to share life and faith with others, and listen respectfully to theirs
- A willingness to commit to the Fall Formation Retreat, formation meetings, and all team meetings

Sophomores and juniors are eligible to apply in the spring for the next school year. Selections are based on an application, recommendations, an interview, and the variety of skills, styles, and personalities needed for a well-rounded team.

Retreat Team Moderator: *Rick Martin*, rmartin@marisths.org

CHRISTIAN LEADERSHIP

The Christian Leadership Course (CLC) is a two-semester junior/senior theology course that is designed to give students the opportunity to learn basic skills in leadership and peer facilitation within a Christian context. Students develop these skills through activities, classroom lecture, assigned reading and directed service to the school community, the freshman class, and through other projects. CLC-I (second semester junior year) focuses primarily on skill development while CLC-II (first semester senior year) focuses primarily on project work. Sophomores with a desire to grow and help others are eligible to apply each spring for the following year’s class.

CLC Instructor: *Rick Martin*, rmartin@marisths.org

PROCLAIM LITURGICAL CHOIR

Proclaim is a full year activity that provides music for all Masses and prayer services at Marist, as well as for the Freshman Lock-In. All students are encouraged to try out in the spring when auditions are held for the next school year. Vocal and/or instrumentalist experience is helpful. Practice locations and times will be announced.

Proclaim Moderator: *Ryan Moser*, rmoser@marisths.org

CHRISTIAN SERVICE EXPERIENCE

Marist’s vision for each of its graduates is that they be leaders and witnesses of Christ in service to the world. In the spirit of that vision, Marist calls our students to be involved in service to others throughout their entire high school career. The Christian Service Experience (CSE) is an educational program that leads our students through service experiences, coupled with reflective journaling for the purpose of deepening their sense of service as part of their Christian identity.

All students are required to participate in this four-year CSE program, coordinated within their Theology curriculum. All expectations, requirements, procedures, evaluations, etc., will be communicated by the student’s theology teacher and will be recorded as a part of the student’s theology grade for the semester in which it is required.

Each student is expected to be involved in 65 hours of meaningful service to the community; 15 hours are completed as service-learning projects (service to family, neighborhood, community, and faith community) conducted within the first 3 semester theology courses. The other 50 core hours must be performed in service to the “least of our brothers and sisters,” following the call of Christ and the Church. The CSE brings the student to the community so they can experience living the principles and beliefs of the Christian lifestyle.

CSE Coordinator: *Julie Ferrari*, jferrari@marisths.org

ACTIVITIES/CLUBS

STUDENT COUNCIL/LEADERSHIP

Student Council's sole function is to facilitate fellowship between staff and students by providing activities conducive to social, academic, and religious learning within the school.

Student Council is comprised of four class councils and an executive council (upperclassmen only). Elections are held in the spring for the following year. All candidates must fill out an application and give a speech to the student body before the elections. Freshmen elections are held in the fall.

Student Council offers many opportunities for students to become involved in the social activities of high school without being an elected member of the student council group. A variety of social functions and community involvement projects are offered for the student body, including:

Orientation: A day of learning about Marist for new students in the fall. Group leaders are chosen in the spring by the executive council.

Freshmen Welcome Week: A week of activities to welcome the freshmen class including a pep rally, an activity day, and the traditional Kissing of the "M" ceremony to become a Spartan.

Homecoming Week: A week of daily dress-up themes, class spirit competitions and the presentation of the Homecoming Court at the football game, and a semi-formal dance.

Homegoing Week: A week of daily dress-up themes, competitions, and an evening dance to celebrate the end of school as well as to honor our outgoing senior class.

All class and executive officers must attend a zero period class (elective credit is received) from 7:15 a.m. -7:50 a.m. A minimum GPA of 3.00 is required for both Class Council and Executive Council.

Advisor: *Beth Wirth*, bwirth@marisths.org

NATIONAL HONOR SOCIETY

Membership in the National Honor Society (NHS) is one of the highest honors awarded to a high school student. NHS works hard to bring the accomplishments of outstanding students to the attention of parents, staff, peers and community.

Chapters in more than 15,000 high schools across the nation strive to give practical meaning to the Society's goals of scholarship, leadership, service and character. These four ideals have been considered the basis for NHS selection therefore, no student is inducted simply because of a high academic average. The NHS strives to recognize the total student.

Academically qualified junior and senior students are invited to apply for membership in the fall based on an accumulated GPA of 3.6 or above on a weighted scale. Qualifying students are given an application to include all activities evaluated by leadership, community service and character. Staff recommendations are also considered. A staff committee evaluates applications. Students who fail to gain membership the first year may apply the following year. Members can be put on probation by a staff committee if grades or behavior do not uphold the standards of NHS.

Membership dues are required. Parents and friends are invited to the induction ceremony. At graduation, NHS members wear gold cords signifying outstanding academic achievement.

Advisor: *Becky Boyd*, bboyd@marisths.org

SPANISH CLUB - CLUB DE ESPAÑOL

The goal of the Spanish Club is to create understanding and promote enthusiasm for the Spanish language and hispanic cultures. Spanish Club meets twice a month to practice conversation in Spanish, and to learn about the food, music, and festivals of different Spanish-speaking countries.

Advisor: *Nicole Mombell*, nmombell@marisths.org

SMASH BROS. CLUB

Students gather at lunch about once a month to play Super Smash Bros. for the Nintendo. All are welcome. Two tournaments are hosted each year on a Saturday at school.

Advisor: *Grant Gilchrist*, ggilchrist@marisths.org

KEY CLUB

Key Club is an international service organization linked to local chapters of the Kiwanis Club. The goal of Key Club is to create leadership opportunities for high school students as they design and carry out service projects in their community. Students of all grade levels are welcome to join. Meetings are during lunch and most service opportunities are on the weekend.

Advisor: *Sarah Reed*, sreed@marisths.org

RIGHT-TO-LIFE CLUB

This club is dedicated to promoting respect for the dignity of the human person from conception to natural death. As a Catholic school, the club would like to further this message and mission of respect and love which is so close to the heart of Jesus and the Church.

Advisor: *Heidi Sušec*, hsusec@marisths.org, maristforlife.org

MODEL UNITED NATIONS

Students participate in a mock United Nations conference with other high school students from around Oregon. In 2018, the three-day conference will be in April, at the University of Oregon and Northwest Christian University. Students draft position papers on assigned countries and topics and debate solutions to global problems with other delegates. This year Marist will represent Canada and Belarus.

Advisor: *Jon Nuxoll*, jnuxoll@marisths.org





“We Are One” challenges students, teachers, coaches and parents to recognize, respect, and nurture the relationship between mind, body, spirit, and community. We strongly encourage participation in the variety of activities that Marist offers for a well-rounded high school experience. We feel there is much to be gained by pursuing a personal interest, challenging oneself physically, and working with others towards a common goal.

MR. SPARTAN PAGEANT

The Mr. Spartan Pageant is a fundraising program coordinated by an adult advisor and nine senior and two junior girls that culminates in a pageant featuring eight senior boys. All senior girls vote to select the male contestants. The funds raised benefit the NICU at Sacred Heart Hospital.

Advisor: Bill Ferrari, bferrari@marisths.org

MARIST OUTDOOR ADVENTURE PROGRAM (MOAP)

MOAP helps students become socially aware of outdoor experiences by engaging them in outside events that will enhance their lives now and in the future. The adventures may include, but are not limited to hiking, skiing/snowboarding, mountain bike trail riding, crabbing and kayaking/rafting. The program will also educate students about how to minimize their impact on the environment by teaching the principles of “Leave No Trace.” Pre-trip informational meetings to discuss cost and schedules happen prior to each adventure. The program is open to all students.

Advisor: Chris Fudge, cfudge@marisths.org
moapgroup.weebly.com

MARIST VOLUNTEER PROGRAM

The purpose of this service club is to develop leadership, take initiative in school project development, and work to serve the community away from campus.

Two annual undertakings are “Five for the Feast” to raise money for the Eugene Mission to help purchase food for the Thanksgiving holiday and Project Starfish – a Lenten service project where each week is assigned a specific theme for students to bring in household items and/or canned food for Catholic Community Services. Money is also collected at this time to help provide a homeless family with a home.

Advisor: Julie Ferrarri, jferrari@marisths.org

SPEECH & DEBATE TEAM

Speech and debate is a great activity to have fun and develop confidence and public speaking skills that can benefit students throughout their lives. Analytical students can compete in a variety of debate styles including CX, Lincoln-Douglas, parliamentary, and public forum debate. Students with strong presentation skills can compete in after-dinner speaking, impromptu, or expository speaking. Performing arts students can polish acting skills through events such as humorous or serious interpretations, poetry, or even radio commentary. The team will travel to competitions around the state. Practices are held after school with tournaments taking place beginning in October and continuing through the State Championships in April. Please contact Mr. Barth for a full list of competition events.

Advisor: Steve Barth, steve@stevebarth.com,
maristdebate.weebly.com

INTERACT CLUB

Interact is a club for young people ages 15 to 18 that empowers them to take action, become leaders, and gain a global perspective through volunteer work.

Advisor: Walt Fox, wfox@marisths.org

Clubs and Activities at Marist change from year to year and are dependent upon student interest. There is a formal process for students to found and start new clubs.



PERFORMING ARTS

THEATRE

Marist provides students with an exciting and creative theatre program for actors and technicians, alike. There are three main stage productions each year: a Fall play, a Winter Shakespeare performance, and a Spring Musical. Rehearsals for all productions are after school, with occasional evening and weekend rehearsals. Open auditions are held for each production. Theatre Club is open to all interested students. Student-written and directed work is encouraged.

A theatre letter and pin are awarded to those students who have been involved in three Marist Theatre productions (as actor or crew) and are able to meet the following requirements:

- A student in **good standing** at Marist.
- **Actively participated** in at least three Marist season productions as: actor, director, stage manager, light or sound board operator, set run crew, costume run crew or other positions approved by Mr. Rust.
- Completed at least **two activities** from the following: live-play review (non-class required); student director, writer, actor or crew for student production (non-class required); an active member of a Marist band or choir; announcer/narrator for a live performance/sports event/Mass; volunteer three times for build/clean up crew for a Marist production; perform or crew for another theatre company as approved by Mr. Rust.

Parental Involvement: Set and costume construction, ticket sales, publicity, banquet and assistance with field trips to area theatre productions.

Director: Tony Rust, trust@marisths.org
maristarts.weebly.com

MUSIC

Marist offers four classes in music instruction:

Advanced Strings: The class meets 8th period every day. The group performs four concerts a year, as well as other gigs and performances in the Eugene area.

Director: Alisa Kincade, akincade@marisths.org

Vocal Ensemble: An elective course held during lunch period (credit or non-credit). This group competes, gives four concerts each year and performs at various locations during the holidays.

Rock Band: A unique Marist elective course held during 7th period that gives real performance experience to rock musicians. This group competes and gives four concerts each year.

Concert/Jazz Band: Elective courses held 8th period. Three years experience on an instrument and an audition/interview with Mr. Reinking is required. Sight-reading, interview and performance of a prepared solo are part of the tryout. This group competes, gives four school concerts each year and performs at athletic events.

Director: Jim Reinking, jreinking@marisths.org
maristarts.weebly.com



ATHLETICS



BASEBALL (Boys)

Season: Spring

Tryouts: March. Two teams: JV and Varsity. Sign up at a meeting the first week in February.

Prerequisite: Students should have previous baseball experience. Players will need their own glove and cleats.

Holiday Practices/Events: Games and practices take place during Spring Break.

Off-season: Players are encouraged to take part in the summer baseball leagues and help at the Marist Summer Camp.

Parental Involvement: Some field maintenance help is needed before and during the season and score keeping.

Head Coach: Noah Breslaw,
nbreslaw@marisths.org



BASKETBALL (Girls)

Season: Winter

Tryouts: November. Three teams: Varsity, JV1, JV2.

Practices/Games: After school/evenings six days a week.

Holiday Practices/Events: Games and practices take place during Thanksgiving and Christmas vacations.

Off-Season: Summer league and tournaments in June & July. Approximate cost is \$300.

Parental Involvement: Transportation and team meals.

Head Coach: Britton Reeser,
breeser@marisths.org



BASKETBALL (Boys)

Season: Winter

Tryouts: November. Three teams: Varsity, JV, Freshmen. Sign up with coach in November.

Prerequisites: Students should have previous competitive basketball experience such as Kidsports, AAU, YMCA, etc.

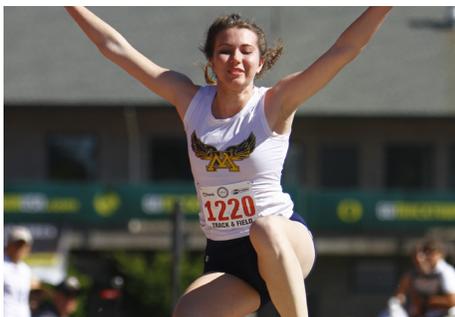
Practices/Games: After school/evenings six days a week.

Holiday Practices/Events: Games and practices take place during Thanksgiving and Christmas vacations.

Off-season: Games are played in June and end with team camp in July. Camp cost is around \$350.

Parental Involvement: Timekeeper and scorekeeper.

Head Coach: Bart Pollard,
bpollard@marisths.org



CHEERLEADING/ACRO

Season: Fall (football) and Winter (basketball)

Tryouts: Held in the fall for fall JV and Varsity teams. Team selection is based on the following criteria: cheerleading skills (jumps, tumbling, cheer, dance), personal skills, and teamwork skills. Both varsity teams are eligible to be on the Competition Team, which competes in the OSAA Cheerleading Championships.

Practices: After school/evenings depending on season, weekends as needed.

Holiday/Practices: Held during Christmas Break. May have to cheer at some games and/or competitions.

Parental Involvement: Transportation
Head Coach: Kristin Cook,
kcook@marisths.net

CROSS COUNTRY (Boys/Girls)

Season: Fall

Tryouts: Daily doubles for everyone start in August - no cuts!

Prerequisite: Be ready to work.

Purpose: To build a high quality program that provides benefits and values that will last student athletes a lifetime. This program will promote citizenship and sportsmanship and instill lessons for teamwork, winning, losing and hard work. In addition, student athletes will learn self-discipline, build self-confidence, and develop skills to handle competitive situations.

Practices: Daily after school and some Saturdays.

Off-season: Summer running starts after the 4th of July.

Parental Involvement: Transportation, volunteers for the Marist XC Invite, team dinners.

Head Coach: Chase Wells,
cwells@marisths.org

GOLF (Boys)

Season: Spring

Tryouts: February. Two teams: Varsity, JV.

Head Coach: Don Hanly,
dhanly@marisths.net

GOLF (Girls)

Season: Spring

Tryouts: March

Head Coach: Rick Nelson,
rnelson@marisths.net

FOOTBALL

Season: Fall and Spring ball (9 days in Spring).

Tryouts: Daily doubles start in August. Three teams: Varsity, JV, Freshmen

Sign-up: Attend Spring ball in May.

Prerequisites: Be "coachable."

Practices: Daily after school at Marist.

Off-season activities: Marist football players attend a camp during the summer and also have a Marist Football Camp in August.

Parent Involvement: Chain gang for JV, pre-game meals.

Head Coach: Frank Geske,
fgeske@marisths.org

LACROSSE (Boys)

Season: Spring

Tryouts: February

Practice: After school

Parent Involvement: Transportation, team meals, and field maintenance.

Head Coach: Tom Bosworth,
tbosworth@marisths.net

LACROSSE (Girls)

Season: Spring

Tryouts: March

Practice: After school

Parent Involvement: Transportation, team meals, and field maintenance.

Head Coach: TBD

PËTANQUE

Students practice and play the French game of Pétanque as well as learn more about the French language and culture. This club participates in a league with other Eugene schools. There is both a fall and spring season. Open to all students.

Head Coach: Ryan Baker,
rbaker@marisths.org

SOCCER (Girls)

Season: Fall

Tryouts: Daily doubles start in August.

Prerequisites: Skills and abilities will be assessed during daily double drills and students will be assigned to teams based on their skill levels. Two teams: Varsity, JV.

Practices: Daily after school at Marist.

Off-season: Conditioning camp to be provided in the summer.

Parental Involvement: Transportation, statistics recording, phone tree, and inventory.

Head Coach: TBD

SOCCER (Boys)

Season: Fall

Tryouts: Daily doubles start in August.

Two teams: Varsity, JV.

Practices: Daily after school at Marist.

Off-season: Spring leagues are available.

Head Coach: Rodrigo Hernandez
rhernandez@marisths.org

SOFTBALL (Girls)

Season: Spring

Tryouts: Begin in February. Be there on the first day.

Prerequisites: Softball experience such as ASA and organized teams are beneficial although not necessary. Players should do conditioning on their own prior to tryouts.

Practices: After school during the season.

Registration: For new students or incoming freshmen, a note with name, address, phone number and e-mail should be left in coach's box in school office. The coach will contact you. An announcement is made for spring tryouts.

Holiday Practices: Games and practices are during Spring Break.

Parental Involvement: Scorebook, fieldwork party in February, and facility improvement projects.

Head Coach: Missy Doerr
mdoerr@marisths.net

SHOOTING TEAM

(Boys/Girls)

Season: Spring

Practices: Held at CGESC (Cottage Grove Eugene Sportsmen's Club) on a weekly basis. Student athletes will practice and compete in trap, skeet, and sporting clays. All levels are welcome.

Head Coach: Brent West,
bwest@marisths.org

SWIMMING (Boys/Girls)

Season: Winter

Practices: Monday through Friday, normally 1½ hours – usually late afternoon at Echo Hollow Pool beginning in November through mid-February.

Goals: To give all swimmers the ability to compete and have fun. The state championships are in mid-February.

Parental Involvement: Timers, volunteers for 1 or 2 meets, team dinners, phone people, website volunteer, and banquet organizer.

Head Coach: Ryan Elliott,
relliott@marisths.org

TENNIS (Girls)

Season: Spring

Tryouts: March

Practices: 3:15 p.m. - 4:30 p.m., Monday through Friday rain or shine.

Parental Involvement: Transportation, snack boxes for game days and team dinners.

Head Coach: Jeff Priske,
jpriske@marisths.net

TENNIS (Boys)

Season: Spring

Tryouts: March

Parental Involvement: Transportation

Head Coach: Brent Laing,
blaing@marisths.net



SKI TEAM

Season: Winter

Tryouts: December

Practices: Dry land training after school in November.

Parent Involvement: Transportation, lodging, meals.

Head Coach: Carlos Larson,
loslarson17@gmail.com

TRACK AND FIELD

(Boys/Girls)

Season: Spring

Tryouts: Practices start in March - nocuts!

Practices: Daily after school and some Saturdays.

Parental Involvement: Timekeepers/field event volunteers at home meets, banquet organizers.

Head Coach: Chase Wells,
cwells@marisths.org

ULTIMATE FRISBEE

Season: Fall, Winter, Spring

Ultimate is a blend of soccer and football, played with a disc. It's a ton of running, chasing, jumping and throwing, and it's super fun.

Practices: M/W/F 3:30 p.m. - 5:15 p.m. (Players usually grab discs and start throwing right after school.)

Head Coach: Grant Gilchrist,
ggilchrist@marisths.org
maristultimate.weebly.com



VOLLEYBALL *(Girls)*

Season: Fall

Tryouts: Daily doubles start in August. Three teams: Varsity, JV1, JV2. Athletes are required to attend in order to try out for a team.

Prerequisites: Any female with basic skills of volleyball who is "coachable" and has a desire to learn.

Practices/Games: Daily after school. Games are twice a week and tournaments occur on some weekends.

Off-season: Conditioning, open gyms and camps are available.

Parent Involvement: Transportation, lines people, scorekeepers, libero trackers, announcers, locker signs, hosting team dinners, and helping run the Emerald Invitational Tournament held in October

Head Coach: Shari Pimental,
spimental@marisths.org



WATER POLO *(Boys/Girls)*

Season: Fall

Tryouts: Daily doubles start in August.

Practices: Monday - Friday, normally 1½ hours after school at Amazon Swim Center at the first of the season and then it moves to Echo Hollow Pool. There are older players who can assist driving players to practice.

Prerequisites: Water polo is open to all students that have average swimming ability and a desire to learn the game.

Parental Needs: Timekeeper and scorekeeper at each meet we host, 'table' assistant at away games, website volunteer, phone people and a banquet organizer.

Head Coach: Corey Solari,
corey.solari@marisths.net



WE ARE ONE

MARIST CATHOLIC HIGH SCHOOL

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