

WELCOME

MARIST CATHOLIC HIGH SCHOOL

Experience an amazing four years



ACADEMICS



Marist is committed to excellence in every aspect of high school life.

As a faith-based, college preparatory high school our rigorous academics integrate intellectual, spiritual, social and physical student development within the Catholic tradition.

Small class sizes and an 11:1 student/teacher ratio ensure that every student is known, supported, and challenged to reach their fullest potential.

It is our goal that, upon graduation, a Marist student exemplifies the following characteristics and attitudes.

COMMITTED TO ACADEMIC EXCELLENCE

- Engages intellectually, takes responsibility for his or her own learning, pays attention to detail in work and communication and demonstrates ethical behavior in academics and activities
- Demonstrates fluency in those academic subjects and skills required for graduation from Marist and a successful college experience
- Uses technology effectively and appropriately
- Contributes to a collegial environment through actions and language that are positive and productive
- Understands and appreciates that faith and reason are integrated and complementary

CHRIST-CENTERED

- Cultivates a relationship with God and understands how to live out the Gospel values taught by Jesus Christ
- Understands the teachings, traditions and practices of the Roman Catholic Church
- Knows the value of a faith community and actively seeks to incorporate prayer, liturgical celebration and spiritual reflection into his or her daily routines
- Respects the diversity and wonder of God's creation in all its manifestations
- Understands the importance of integrity in all relationships and exhibits an attitude of charity, kindness and respect toward all

SOCIALLY RESPONSIBLE

- Understands the larger implications of the social teachings of the Roman Catholic Church and pursues social justice in light of those teachings
- Honors the sacredness of human life and the dignity of all people
- Takes responsibility to protect the rights and welfare of those most in need
- Provides leadership by using individual gifts and talents to serve family, community and the common good
- Demonstrates good stewardship toward all of God's creation

HEALTHY AND BALANCED

- Appreciates that his or her whole being deserves respect and reverence
- Identifies his or her own talents and personal characteristics, and sees them as gifts to be cultivated and shared with others
- Recognizes that physical, mental, social and spiritual well-being are interdependent
- Seeks the benefits of physical exercise, intellectual engagement and good nutrition
- Understands that striving for balance and setting limits are necessary to cultivating a healthy lifestyle and developing healthy relationships



Marist's exceptional academics, enhanced with challenging athletics and activities, thoughtful spiritual formation and opportunities to lead and serve, prepare students to succeed in college and life.

Marist Catholic High School is a Christ-centered, welcoming community committed to academic excellence and preparing students to lead and serve others.

COURSE OVERVIEW

Subject	Freshman	Sophomore	Junior	Senior
Theology 4 years (4 credits) Required	The Revelation of Jesus Christ Christology	Paschal Mystery Ecclesiology	Church History Sacraments Christian Leadership	Ecumenical & Inter-religious Studies Christian Moral Life Christian Leadership
English 4 years (4 credits) Required	English 9 Honors English 9*	English 10 Honors English 10*	American Literature AP English Lang. & Comp*	English 12 AP English Lit. & Comp*
History 3 years (3 credits) Required	World History	Modern World History AP European History* (CN)	US History AP US History* (CN)	Government & Politics: U.S. Economics AP Government & Politics U.S.* Honors Economics*
Mathematics 3 years (3 credits) Required	Algebra I A Algebra I Geometry Honors Adv. Algebra*	Algebra I B Geometry Honors Geometry/Trig*	Geometry Inter. Algebra (CN) Algebra II/Trig Honors Pre-Calculus/College Algebra* (CN)	Inter. Algebra (CN) Algebra II/Trig Honors Pre-Calculus/College Algebra* (CN) AP Statistics* (CN) AP Calculus* AB (CN) Intro to Stat. Reasoning
World Language 2 years (2 credits) Required	French I Spanish I	Japanese II French II Spanish II	Honors Japanese III* (CN) Honors French III* (CN) Honors Spanish III* (CN)	Honors Japanese IV/V* (CN) Honors French IV* (CN) Honors Spanish IV, I & II* (CN) AP Spanish V, VI* (CN)
Physical Education/Health 2 years (2 credits) Required	Lifetime Fitness I/II	Health I/II	Elective	Elective
Science 3 years (3 credits) Required	Physical Science Honors Physical Science*	Biology Honors Biology*	Chemistry Honors Chemistry* Anatomy/Phys.* (CN) Astronomy	Chemistry AP Chemistry B* (CN) Astronomy Anatomy/Phys.* (CN) AP Physics B* (CN)

* Honors Credit

CN = College Now

AP=Advanced Placement

Fine Arts		Electives	
1 year (1 credit) Required		3 years (4 credits) Required	
Concert/Jazz/Pep Band (after school)	Sculpture	Film Criticism	Newspaper
Rock Band	Visual Arts	AP Intro to Computer	Yearbook
Drawing	Intro to Fine Arts	Science Principles (CN)	Strength & Agility
Photography 1 & 2	Studio Painting	20th Century Pop Culture	Advanced Fitness
		Street Law	

FAITH



Faith is an important part of Marist. Every school day begins with prayer, a reminder that we are all “in the holy presence of God,” followed by the Pledge of Allegiance. The Mass, which is the central act of worship for Catholics, is celebrated monthly and on special occasions with the entire student body and throughout the year with teams, clubs and on retreats. All students attend monthly Masses to pray together. Although approximately 50% of students are non-Catholic, they participate in these monthly Masses. Our Mass is the best way we can live our motto, “We Are One.” (John 17:22)

Liturgy Coordinator: Julie Ferrari
jferrari@marisths.org



RETREATS

Retreats are designed to help students both individually and collectively “retreat” from their normal, everyday world in order that they might better reflect upon that world. Retreats help students focus on identity and self-image, relationships with others and relationship with God. While the goal is ultimately spiritual in nature,

there is a great sensitivity to students who are unaccustomed to spiritual activity. Spiritual goals are accomplished through a variety of talks given by retreat team students and adults, small group sharing and a variety of activities and games. Building community within each class is an additional goal.

The retreats include an all-night Lock-In for the freshmen, a unique community-building experience; a one-day retreat early in the year and a one-night journey-themed retreat for sophomores; a two-night Encounter retreat for juniors; and a two-night Metanoia retreat for seniors.

MARIST RETREAT TEAM

The Marist Retreat Team consists of approximately 40 upperclassmen. Their role is to provide spiritual retreats for sophomores and juniors in collaboration with the Campus Ministry department. Team members give talks, lead small and large group activities and assist with kitchen duties under the direction of an adult moderator. Team members should have:

- A desire to grow in their own faith and help others grow as well
- A desire to be a servant-leader
- A willingness to share their life and faith with others, and listen respectfully as others share theirs
- A willingness to commit to the Fall Formation Retreat, formation meetings and all team meetings

Sophomores and juniors are eligible to apply in the spring for the next school year. Selections are based on the application, recommendations, an interview and the variety of skills, styles, and personalities needed for a well-rounded team.

Retreat Program Director & Retreat Team Moderator: Rick Martin Ed.D
rmartin@marisths.org



CHRISTIAN LEADERSHIP

The Christian Leadership Course (CLC) is a two-semester junior/senior theology course designed to give students the opportunity to learn basic skills in leadership and peer facilitation within a Christian context. Students develop these skills through activities, classroom lectures, assigned reading and directed service to the freshman class, school community and through other projects. CLC-I (second semester junior year) focuses primarily on skill development while CLC-II (first semester senior year) focuses primarily on project work. Sophomores with a desire to grow and help others are eligible to apply each spring for the following year's class.

CLC Instructor: Rick Martin Ed.D
rmartin@marisths.org

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PROCLAIM — LITURGICAL CHOIR

Proclaim is a full-year activity that provides music for all Masses and prayer services at Marist, as well as for the Freshmen Lock-In. Auditions are held each spring for the next school year; all students with musical talent are welcome to try out. Vocal and/or instrumentalist experience is helpful.

Proclaim Moderator: Ryan Moser
rmoser@marisths.org

CHRISTIAN SERVICE EXPERIENCE

Marist's vision for each of its graduates is that they be leaders and witnesses of Christ in service to the world. In the spirit of that vision, Marist calls our students to be involved in service to others throughout their entire high school career. The Christian Service Experience (CSE) is an educational program that leads our students through service experiences, coupled with reflective journaling, for the purpose of deepening their sense of service as part of their Christian identity.

All students are required to participate in this four-year CSE program, coordinated within their Theology curriculum. All expectations, requirements, procedures, and class evaluations will be communicated and will be recorded as a part of the student's theology grade for the semester in which it is required.

All students are expected to be involved in 65 hours of meaningful service to the community over the course of four years; 15 hours are completed as service-learning projects (service to family, neighborhood, community, and faith community) conducted within the first three semester theology courses. The other 50 core hours must be performed in service to the "least of our brothers and sisters," following the call of Christ and the Church. The CSE brings the student into the greater community so they can experience living the principles and beliefs of the Christian lifestyle.

CSE Coordinator: Julie Ferrari
jferrari@marisths.org



*The little things have the biggest impact on others.
I will always hold on to my experience.*

— Haylee Kempf '19, service reflection

ACTIVITIES & CLUBS

Marist offers the full high school experience complete with vibrant clubs and activities. Featured here are a few of the options available to our students. A formal process exists for students to create and form clubs or activities that speak to their particular interests.

STUDENT COUNCIL/LEADERSHIP

Student Council's sole function is to facilitate fellowship between staff and students by providing activities conducive to social, academic and religious learning within the school.

Student Council is comprised of four class councils and an executive council (upperclassmen only). Freshman elections are held in the fall; others are held in the spring for the following year. All candidates must complete an application and give a speech to the student body before the elections.

Student Council offers many opportunities for the general student body to become involved in the social activities of high school. A variety of social functions and community involvement projects are offered for the student body, including:

Orientation: A day of learning about Marist for new students in the fall. Group leaders are chosen in the spring by the executive council.

Freshmen Welcome Week: A week of activities to welcome the freshmen class including a pep rally, an activity day and the traditional Kissing of the "M" ceremony.

Homecoming Week: A week of daily dress-up themes, class spirit competitions, the presentation of the Homecoming Court at the football game and a semi-formal dance.

Homegoing Week: A week of daily dress-up themes, competitions and an evening dance to celebrate the end of school as well as to honor our outgoing senior class.

All Student Council class and executive officers must attend a zero period class (elective credit is received). A minimum GPA of 3.00 is required for both class council and executive council.

Advisor: Beth Wirth
bwirth@marisths.org



NATIONAL HONOR SOCIETY

Membership in the National Honor Society (NHS) is one of the highest honors awarded to a high school student. NHS works hard to bring the accomplishments of outstanding students to the attention of parents, staff, peers and our community.

Chapters in more than 15,000 high schools across the nation strive to give practical meaning to the Society's goals of scholarship, leadership, service and character. These four ideals are considered the basis for NHS selection. Therefore, no student is inducted simply because of a high academic average. NHS strives to recognize the total student.

Academically qualified junior and senior students are invited to apply for membership in the fall based on an accumulated GPA of 3.6 or above on a weighted scale. Qualifying students are given an application to include all activities, evaluated by leadership, community service and character. Staff recommendations are also considered and a staff committee evaluates applications. Students who fail to gain membership the first year may apply the following year. Members can be put on probation by a staff committee if grades or behavior do not uphold the standards of NHS.

Membership dues are required. Parents and friends are invited to the induction ceremony. At graduation, NHS members wear gold cords signifying outstanding academic achievement.

Advisor: Becky Boyd
bboyd@marisths.org

SPANISH CLUB - CLUB DE ESPAÑOL

The goal of the Spanish Club is to create understanding and promote enthusiasm for the Spanish language and Hispanic cultures. Spanish Club meets twice a month to practice conversation in Spanish and to learn about the food, music and festivals of different Spanish-speaking countries.

Advisor: Nicole Mombell Ph.D
nmombell@marisths.org



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SMASH BROS. CLUB

Students gather at lunch about once a month to play Nintendo's Super Smash Bros. All are welcome. Two tournaments are hosted each year on a Saturday at school.

Advisor: Grant Gilchrist
ggilchrist@marisths.org

KEY CLUB

Key Club is an international service organization linked to local chapters of the Kiwanis Club. The goal of Key Club is to create leadership opportunities for high school students as they design and carry out service projects in their community. Students of all grade levels are welcome to join. Meetings are during lunch and most service opportunities are on the weekend.

Advisor: Ryan Moser
rmoser@marisths.org

RIGHT-TO-LIFE CLUB

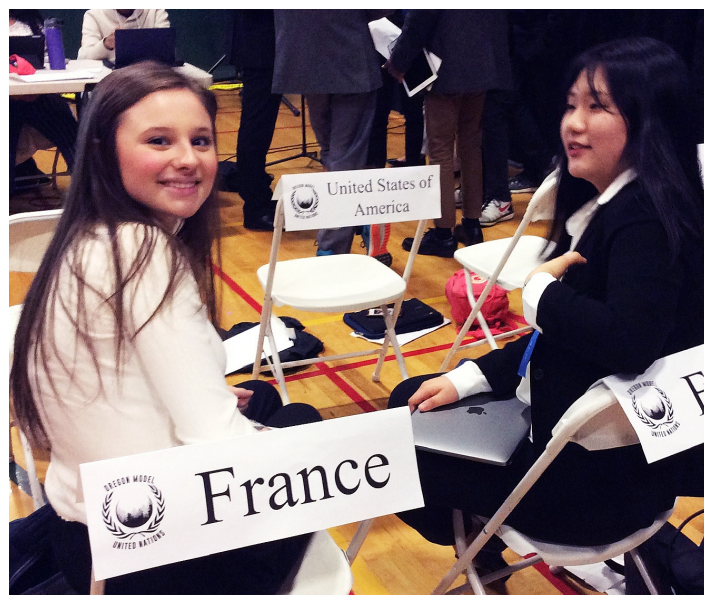
This club is dedicated to promoting respect for the dignity of the human person from conception to natural death. As a Catholic school, the club would like to further this message and mission of respect and love which is so close to the heart of Jesus and the Church.

Advisor: Heidi Sušec
hsusec@marisths.org, maristforlife.org

MODEL UNITED NATIONS

Students participate in a mock United Nations conference with other high school students from around Oregon. Students draft position papers on assigned countries and topics and debate solutions to global problems with other delegates. This year Marist will represent Venezuela.

Advisor: Jon Nuxoll
jnuxoll@marisths.org



MR. & MS. SPARTAN PAGEANT

The Mr. and Ms. Spartan program is part of the Children's Miracle Network's Kids Helping Kids program in Lane County. The Mr. and Ms. Spartan team is traditionally comprised of 12 senior boys and 12 senior girls who organize a series of fundraising events that culminates with the annual Spartan Pageant in April. All money raised directly supports the neonatal intensive care and pediatric units at Sacred Heart Medical Center at RiverBend.

Advisor: Bill Ferrari
bferrari@marisths.org

SPEECH & DEBATE TEAM

Speech and debate is a great activity to have fun and develop confidence and public speaking skills that can benefit students throughout their lives. Analytical students can compete in a variety of debate styles including CX, Lincoln-Douglas, parliamentary and public forum debate. Students with strong presentation skills can compete in after-dinner speaking, impromptu or expository speaking. Performing arts students can polish acting skills through events such as humorous or serious interpretations, poetry or even radio commentary. The team travels to competitions around the state. Practices are held after school with tournaments taking place beginning in October and continuing through the State Championships in April.

Advisor: Steve Barth
steve@stevebarth.com, maristdebate.weebly.com

Clubs and Activities at Marist change from year to year and are dependent upon student interest.

FINE & PERFORMING ARTS

In education, “the arts” can be viewed as an indulgent addition to a student’s course load, but the Marist Arts Department reminds us that the arts are essential to the development of each person. Whether that is navigating a drawing, writing a script, taking on a character, playing an instrument, composing a photo or building a book — these skills are about discovery, bravery, self-expression and vulnerability. They aren’t merely an elective added to an academic experience, but a core step in developing students who are critical, compassionate thinkers.

FINE ARTS

Marist offers a broad range of opportunities to explore the visual arts, including classes in drawing, studio painting, sculpture and photography. An Introduction to Fine Arts class explores the development and use of art, drama and music in our lives. The class looks at origins of various art forms as well as exploring, interacting and creating a variety of styles and elements of both visual arts and performing arts. Students may also focus on yearbook, newspaper and photography.

THEATRE

Marist provides students with an exciting and creative theatre program for actors and technicians alike. There are three main stage productions each year: a Fall play, a Winter Shakespeare performance and a Spring Musical. Rehearsals for all productions are after school, with occasional evening and weekend rehearsals. Open auditions are held for each production. Theatre Club is open to all interested students. Student-written and directed work is encouraged.

Director: Tony Rust
trust@marisths.net



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MUSIC

A strong music program is part of our mission to educate the whole student, provide pathways to meaningful expression and foster a love of music to last a lifetime. Marist offers three opportunities in music instruction:

Pep Band: A Marist athletic event is nothing without our incredibly talented Pep Band. This talented group of instrumentalists help keep the crowd on their feet with their upbeat and energizing music. What better way to show your Spartan Spirit than by joining Pep Band?

Rock Band: A unique Marist elective course designed to give real performance experience to rock musicians. This group plays four concerts each year.

Concert/Jazz Band: Elective course held 8th period. Participation requires three years of experience on an instrument and an audition/interview with Mr. Reinking. Sight-reading, interview and performance of a prepared solo are part of the audition. This group competes, gives four school concerts each year and performs at athletic events.

Director: Jim Reinking
jreinking@marisths.org



ATHLETICS

The Marist Athletic Department strives to make athletics a valuable, memorable, character-building extension of the classroom for our students. Student athletes practice sportsmanship, form lasting friendships, support each other and work hard toward continuous improvement. Our coaches seek to teach fundamentals and skills at a high level, aiming for excellence and fulfillment of potential for our individuals and teams.

FALL

CHEER (Boys/Girls)

Season: Fall (football) and Winter (basketball)

Head Coach: Katie Underwood

CROSS COUNTRY (Boys/Girls)

Sign-up: Daily doubles start in August

Head Coach: Luke Puskedra

luke1@marisths.net



FOOTBALL

Season: Fall and Spring (9 days in Spring)

Tryouts: Daily doubles start in August.

Two teams: Varsity, JV

Off-season activities: Marist football players attend a camp during the summer and have a Marist Football Camp in August.

Head Coach: Frank Geske

fgeske@marisths.org



SOCCER (Boys)

Tryouts: Daily doubles start in August.

Two teams: Varsity, JV

Head Coach: Chuck Koleno

ckoleno@marisths.org

SOCCER (Girls)

Tryouts: Daily doubles start in August.

Head Coach: Stefan Schroffner

stefan@marisths.net

ULTIMATE FRISBEE (Boys/Girls)

Season: Fall, Winter, Spring

Head Coach: Grant Gilchrist

ggilchrist@marisths.org

maristultimate.weebly.com

VOLLEYBALL (Girls)

Tryouts: Daily doubles in August.

Three teams: Varsity, JV1, JV2

Head Coach: Shari Pimental

spimental@marisths.org

WATER POLO (Boys/Girls)

Signup: Daily doubles in August.

Practices: Monday — Friday, normally 1½ hours after school at Amazon Swim Center, first of the season and then Echo Hollow Pool late season.

Head Coach: Corey Solari

corey.solari@marisths.net



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WINTER

BASKETBALL (Boys)

Tryouts: November. Three teams: Varsity, JV, Freshmen.

Holiday Practices/Events: Games and practices take place during Thanksgiving and Christmas vacations.

Head Coach: Bart Pollard

bpollard@marisths.org

BASKETBALL (Girls)

Tryouts: November. Three teams: Varsity, JV, Freshmen

Holiday Practices/Events: Games and practices take place during Thanksgiving and Christmas vacations.

Head Coach: Britton Reeser

breeser@marisths.org

SWIMMING (Boys/Girls)

Practices: Monday — Friday, normally 1½ hours, usually late afternoon at Echo Hollow Pool. (November through mid-February)

Head Coach: Ryan Elliott

relliott@marisths.org

SKI (Boys/Girls)

Tryouts: December

Head Coach: Carlos Larson

loslarson17@gmail.com



LACROSSE (Boys)

Tryouts: February

Head Coach: TBD

LACROSSE (Girls)

Tryouts: March

Head Coach: Hans Notenboom

hnotenboom@marisths.net

PÉTANQUE

Head Coach: Ryan Baker

rbaker@marisths.org

SOFTBALL (Girls)

Season: Spring

Head Coach: Stefan Schroffner

SHOOTING (Boys/Girls)

Head Coach: Brent West

Practices: Held weekly at Cottage Grove-Eugene Sportsmen's Club.

TENNIS (Boys)

Head Coach: Brent Laing

blaing@marisths.net

Tryouts: March

TENNIS (Girls)

Head Coach: Jeff Priske

jpriske@marisths.net

Tryouts: March

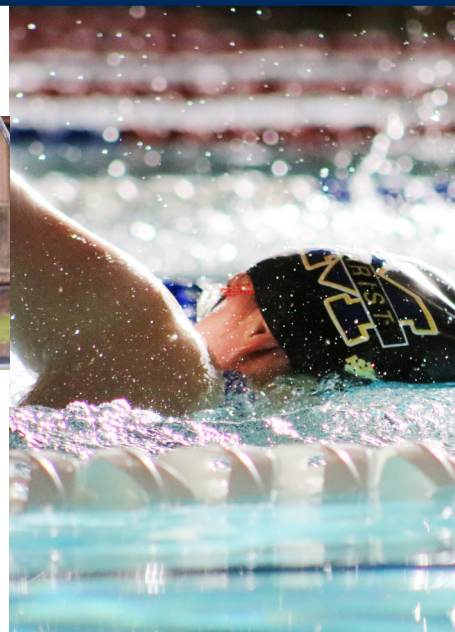
TRACK AND FIELD (Boys/Girls)

Signup: March

Practices: Daily after school and some Saturdays.

Head Coach: Luke Puskedra

luke1@marisths.net



SPRING

BASEBALL (Boys)

Tryouts: March. Two teams (possibly 3): Varsity, JV

Head Coach: Noah Breslaw

nbreslaw@marisths.org

GOLF (Boys)

Tryouts: February. Two teams: Varsity, JV

Head Coach: Mike Boettgu

GOLF (Girls)

Tryouts: March

Head Coach: Ryan Henderson

MARIST AT A GLANCE



81%

Teachers with
advanced degrees



99%
Graduation
rate



50+

Extra-curricular
activities



11:1

Student-teacher
ratio



9,500

Christian service
hours completed by the class
of 2019



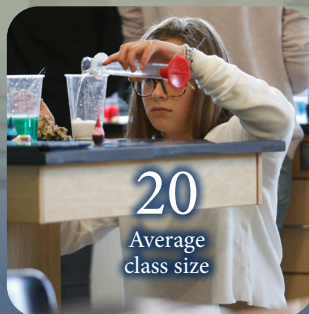
33

Athletic
teams



25

Advanced Placement,
College Now
& Honors courses



20

Average
class size



\$1.18 M

Distributed in
tuition assistance



All numbers compiled from the 2019-2020 academic school year.

MARIST CATHOLIC HIGH SCHOOL

1900 Kingsley Road, Eugene, OR 97401

541-686-2234 • marisths.org